

DogStar Activity Center presents
AGILITY SEMINARS
with DIANE PATTERSON

Saturday, June 1, 2019
DogStar Activity Center,
Acton, MA

Session 1 - "Sizzlin' Startlines"
9:00am-1:00pm

**Session 2 - "Mental
Management" 1:30pm-5:30pm**

Join us for one session or all day.
Limited to 9 dog/human teams per session.



"Sizzlin' Startlines" (Session 1)

In this fun, interactive workshop handlers can learn mechanics and mindset issues that may be affecting their management of startline behaviors. Our goal is to recognize and reward impulse control with the thing your dog wants at the startline ACCESS TO GO! Teams will work on the transfer of value from "Wait - Stay" to "Good Sit - Go!" to strengthen the dogs' commitment and lessen handler stress. Dogs and handlers alike can improve their focus and startline speed. Dogs do not currently need to have a "Stay." Suitable for all levels including young dogs and re-training of experienced dogs. This method has been used on puppies as young as four months old to create a 30-40 foot leadout and sustained stay.

"Change Your Brain, Change Your Game" (Session 2)

Effective teams understand that a WHOLE picture of agility success includes personal motivation, creating a personal mindset for success, proper application of skills, and studying courses in a way that allows you to determine effective plans and strategies. In this 5-hour seminar, we'll talk about what makes a more focused YOU, discuss options for efficient game plans, and consider ways to stay focuses on your teammate and the course. Handouts provided. Currently, pieces of Diane's philosophies on Mental Management are included in her 4-part series in this year's Clean Run Magazine.

Fees:

Limited to 9 dog/human teams per session. No auditors.

\$170.00 Both sessions \$95.00 Session 1 or Session 2

Coffee & Beverages available. Please bring your own lunch.

Who is Diane Patterson?

Diane is an agility instructor and mindset coach from Middletown, CT. She has earned 20 championship titles in AKC, USDAA, UKI and NADAC and also win-on spots on the 2016 AKC World Team and 2015 US WAO Team. A multi-time finalist at Cynosports and AKC Nationals, and a 16" Westminster Masters Agility Champion, she's familiar with the pressure of competition at all levels. A part of the agility community since 2004, Diane has owned and trained Belgian Shepherds (Terv, Sheepdog, Laekenois and Malinois), shelties and a two terrier mixes. Currently, she competes with her young sheltie, Happy.



Reach Diane at agilitymindset@gmail.com,

ABOUT THE FACILITY

DogStar
Activity Center

310B School Street
Acton, MA 01720
978-429-8396

DogStar Activity Center is conveniently located off Route 2 in Acton, MA - see website for detailed directions - www.DogStarActivityCenter.com.

Parking and entrance to our facility is at the back of the building. The facility arena is air conditioned and fully matted.

*Please mail registration info for "Diane Patterson Agility Seminar" below with
check payable to "DogStar Activity Center"*

Questions? Contact our Seminar Coordinator: Donna Kiuru
Donna@DogStarActivityCenter.com 978-429-8396

Name: _____

Street Address: _____

City / State / Zip: _____

Home Phone: _____ Cell Phone: _____

Email: _____

Dog's Name/Breed: _____

Session 1 (\$95) Session 2 (\$95) Both Sessions (\$170)

Amount Enclosed: \$ _____ check # _____

No refunds after 5/24/19 - refunds subject to \$5 processing fee.